42: Vanoverbergh F-5 (no date) 1936-1938 OA1 Philippines
Apayao OA5
Ineg

question and bring the water home, when without such trouble, the same, and even a much better, result can be obtained by using the water where it is found

The Isneg wash their hands before meals, or, to speak correctly, dip one of their hands in water with a semblance of washing it: they occasionally tell their offspring to do the same.

In order to satisfy the wants of nature, they always retire far away from the presence of other human beings lest they offend the latters' sense of smell: an Isneg resents nothing more than the disregard of this elementary courtesy, and children receive a severe scolding and sometimes a sound thrashing, if they fail to imitate their elders in this respect. Special closets for the purpose were entirely unknown here until Government officials introduced them by force: there is no lack of space in Apayaw.

Isneg women sweep the house, not only daily, but whenever there is a reason for doing so, and they clean the yard very often. Small girls are regularly told to help their mother or their elder sisters, and sometimes to do the sweeping in their stead, so that they also may learn how to perform the duties of a good housewife.

Let us now pass to the noble sport of *bisndg*. *Bisndg* is very popular all over the northern part of the Mountain Province, while Ibaloy and Kankanay seem not even to know it. Among the Isneg, not only boys and young men, but also men of mature age, frequently indulge in it; nay, at stated times, adults take part in it as in a kind of religious rite or ceremony; but more of this later. Isneg youngsters usually practice *bisndg* in imitation of their elders, merely as a kind of play, whenever it takes their fancy to do so. Although this sport is not formally taught, older people often urge boys to take part in it, and they rarely fail to break out into vociferous applause, whenever one of the young braves has performed his part befittingly, in this way encouraging the whole group to do better and better.

Bisndg certainly inures the partakers to hardship and develops their bodily strength, although, to use a minimum of words, one might say that it merely consists in slapping one another's thigh. But such a statement is all too simple; in reality the sport is much more complicated. There must be at least two men in order to play *bisndg* (Figures 1 and 2), and strictly speaking, two men are sufficient: the one who slaps, whom I shall call the agent for short, and the one who is slapped, the patient.